

**NYSTRA Multi Day Conference Program 2024**

**Day 1 – Sunday April 7<sup>th</sup>, 2024**

7:30 – 9:00	Registration and Conference Check in Continental Breakfast in Main Ballroom			
9:00 – 9:15	Opening Remarks			
9:10 – 10:15	<b>(Daily Double)</b> Keynote Plenary Session - A Big Picture Perspective: Innovations for Impact <b>Dr. Susan Purrington</b> <b>0.1 CEU</b>			
10:30 – 12:00	Breakout sessions (R1)			
	<b>(Win)</b> <b>Jacqueline Dyke</b> <i>Expand Your Leisure to Expand Your Practice</i> <b>0.15 CEUs</b> ***Can only attend once for credit***	<b>(Place)</b>	<b>(Show)</b> <b>Jasmine Edwards &amp; Miguel Carvajal</b> <i>Revamping or Starting a Therapeutic Recreation Volunteer/Internship Program to Take in College and University TR Students</i> <b>0.15 CEUs</b>	<b>(Exacta)</b> <b>Heather Bright &amp; MaryJo Archambault</b> <i>Application of the Standards of Practice</i> <b>DOUBLE SESSION (must attend both parts for credit)</b> <b>0.3 CEUs</b>
12:00 – 1:15	NYSTRA Awards Luncheon <b>(Daily Double)</b>			
1:15 – 2:45	Breakout sessions (R2)			
	<b>(Win)</b> <b>Jaesung Park &amp; Kirstin F. Walker</b> <i>A Taekwondo Intervention Program to Improve Balance and Gait Performance in Older Adults</i> <b>0.15 CEUs</b> <b>(Geriatrics Designation)</b>	<b>(Place)</b> <b>Carolyn Franklin &amp; Pheona De Jong</b> <i>“Forget ME not”: A look into the eyes of individuals with Dementia</i> <b>0.15 CEUs</b> <b>(Behavioral Health Designation)</b>	<b>(Show)</b> <b>Shari Wall &amp; Megan Concannon</b> <i>How to Broach Sensitive and Difficult Topics with Clients</i> <b>DOUBLE SESSION (must attend both parts for credit)</b> <b>0.3 CEUs</b>	
2:45 – 3:15	Break			
3:15 – 4:45	Breakout sessions (R3)			
	<b>(Win)</b> <b>Jason Page &amp; Jackie Dyke</b> <i>Doing the CHORES of career development</i> <b>0.15 CEUs</b>	<b>(Place)</b> <b>Eileen Andreassi &amp; Ashley O’Leary</b> <i>Designing and Implementing Co- Treatment Sessions with Colleagues</i> <b>0.15 CEUs</b> <b>(Physical medicine/Rehab Designation)</b>		Breakout sessions (R3) <b>(Exacta)</b> <b>Marty Golub</b> <i>WRAP: Wellness Recovery Action Plan - Develop your own Wellness Toolbox, Daily Maintenance Plan and Stressors Worksheets.</i> <b>0.15 CEUs</b> <b>(Behavioral Health Designation)</b>
<b>End of Day 1</b>				
7:00	Drop-in Social – Game Night in Bookmakers			

## Day 2 – Monday April 8<sup>th</sup>, 2024

7:45 – 9:00	NYSTRA Membership Meeting Breakfast in Main Ballroom		
9:00 – 10:30	<b>(Daily Double)</b> Day 2 Opening Plenary Session - What Have You Done for Me Lately: An Update from ATRA <b>Dr. Brent Wolfe</b> <b>0.15 CEUs</b>		
10:45 – 12:15	Breakout sessions (R4)		
	<b>(Exacta)</b> <b>MaryJo Archambault &amp; Heather Bright</b> <i>Chair Yoga as a Modality for Individuals with Developmental Disabilities</i> <b>0.15 CEUs</b> <b>(Developmental Disabilities Designation)</b>	<b>(Place)</b> <b>Kristin Russell-Miller</b> <i>DBT Skills Deep Dive: Orientation to Skills Training – Using and Teaching Skills for the Recreation Therapist (60-minute session ends at 11:45)</i> <b>0.1 CEU</b> <b>(Behavioral Health Designation)</b>	<b>(Show)</b> <b>Jessica Andrianos</b> <i>Recovery Programming in Practice</i> <b>0.15 CEUs</b> <b>(Behavioral Health Designation)</b>
12:15 – 1:45	Lunch on own		
1:45 – 2:45	Breakout sessions (R5)		
	<b>(Win)</b> <b>Jason Page</b> <i>Hello darkness my old friend: The therapeutic benefits of dark leisure</i> <b>0.1 CEU</b>	<b>(Place)</b> <b>Kristin Russell-Miller</b> <i>DBT Skills Deep Dive: Interpersonal Effectiveness – Using and Teaching Skills for the Recreation Therapist</i> <b>0.1 CEU</b> <b>(Behavioral Health Designation)</b>	<b>(Show)</b> <b>Susan Purrington</b> <i>Oops, “AI” Did it Again! A Hands-on AI Session for Recreational Therapists and Educators</i> <b>DOUBLE SESSION (must attend both parts for credit)</b> <b>0.25 CEUs</b>
2:45 – 3:30	Break- SOLAR ECLIPSE		
3:30 – 5:00	Breakout sessions (R6)		
	<b>(Win)</b> <b>Brent Wolfe</b> <i>Caring for the Caregiver: The Importance of Leisure for Recreational Therapists</i> <b>0.15 CEUs</b>	<b>(Place)</b> <b>Dorothy Ferencik</b> <i>Style Matters™: The Kraybill Conflict Style Workshop</i> <b>0.15 CEUs</b>	
<b>End of Day 2</b>			
6:00 – 10:00	NYSTRA Social – Trivia night with DJ and Photo Booth <b>(Daily Double)</b>		

## Day 3 – Tuesday April 9<sup>th</sup>, 2024

	Breakout sessions (Round 7)		
9:00 – 10:30	<p><b>(Win)</b> <b>Jason Page</b> <i>Choose your own adventure: Gamification in RT practice</i> <b>0.15 CEUs</b></p>	<p><b>(Place)</b> <b>Jacqueline Dyke</b> <i>Expand Your Leisure to Expand Your Practice</i> <b>0.15 CEUs</b> ***Can only attend once for credit***</p>	<p><b>(Show)</b> <b>Susan Wilson</b> <i>Relational Leadership: A management style that complements skills we already have</i> <b>0.15 CEUs</b></p>
10:30 – 10:45	Break		
	Breakout sessions (Round 8)		
10:45 – 11:45	<p><b>(Win)</b> <b>Shane Howze &amp; Carolyn Franklin</b> <i>Coping with personal loss as an RT</i> <b>0.1 CEU</b></p>	<p><b>(Place)</b> <b>Catherine Troiano &amp; Samantha O'Brien</b> <i>Recreation Reflection: Keeping Youth Engaged and Motivated</i> <b>0.1 CEU</b> <b>(Pediatrics Designation)</b></p>	<p><b>(Show)</b> <b>Rebecca Gonzalez</b> <i>Grow with Us; A Horticultural- Based Therapy Intervention for Recreational Therapists</i> <b>0.1 CEU</b></p>
12:00 – 1:00	<p><b>(Daily Double)</b> Closing Plenary - NYSTRA's Call to Action for 2024 Dr. Jackie Dyke – President Elect NYSTRA <b>0.1 CEU</b></p>		
<b>End of Conference – See you in 2025</b>			